

Main Meal

OPTION 1
OPTION 2

Veggies

Pasta

Filled Rolls

Sweet Treats

Monday	Tuesday	Wednesday	Thursday	Friday
Margherita pizza & oven baked wedges	Mixed bean bolognaise with penne pasta	Vegetable sausages with roast potatoes & gravy	Pea-powered vegetable stir fry with carrot rice	Vegetable nuggets, chips & tomato ketchup
Roasted vegetable pizza & oven baked wedges	Halal beef & lentil bolognaise with penne pasta	Halal roast chicken breast with roast potatoes & gravy	Halal creamy coconut chicken & chickpea curry with carrot rice	Halal fish fingers, chips & tomato ketchup
Broccoli	Carrots & peas	Carrot & cabbage	Broccoli & cauliflower	Baked beans
Penne pasta with house tomato sauce	Penne pasta with a creamy cheese sauce	Creamy pesto penne pasta	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce
Cheese Tuna mayo	Cheese Tuna mayo	Cheese Tuna mayo	Cheese Tuna mayo	Cheese Tuna mayo
Lemon shortbread biscuit	Chocolate & banana brownie sponge	Orange jelly & mandarins	Baked apple & cinnamon sponge	Strawberry yogurt & strawberry sauce

Available Every Day – Crunchy colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise or Cheese & Beans

KEY

Wholegrain Vegetarian

Nutritionist's Choice Vegan

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal 	OPTION 1 Margherita pizza & oven baked wedges	Pea-powered vegetable pie & new potatoes	Cheesy cauliflower pasta bake	Lentil & sweet potato dahl with vegetable rice	Vegetable sausages, chips & tomato ketchup
	OPTION 2 Halal tomato, spinach & salmon pasta	Halal chicken & vegetable pie with new potatoes	Halal roast turkey breast, roast potatoes & gravy	Halal lemon & herb chicken with chickpeas & vegetable rice	Halal fish & chips with tomato ketchup
Veggies 	Broccoli	Peas	Carrots & cauliflower	Selection from the salad bar	Peas
Pasta 	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce	Creamy pesto penne pasta	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce
Filled Rolls 	Cheese Tuna mayo	Cheese Tuna mayo	Cheese Tuna mayo	Cheese Tuna mayo	Cheese Tuna mayo
Sweet Treats 	Watermelon wedge	Oaty apple crumble & custard	Chocolate mousse	Carrot cake with orange glaze	Raspberry jelly & mandarins

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	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal 	OPTION 1 Pea-powered mild chilli with rice	Vegetable sausages & mashed potatoes with gravy	Roast Quorn fillet with roast potatoes & gravy	Baked creamy mac 'n' cheese	Quorn dippers, chips & tomato ketchup
	OPTION 2 Rainbow vegetable stir fried rice	Halal chicken sausages (beef casing) with mashed potatoes & gravy	Halal roast chicken breast, roast potatoes & gravy	Halal BBQ chicken loaded mac 'n' cheese	Halal fish fingers, chips & tomato ketchup
Veggies 	Sweetcorn	Peas & carrots	Broccoli & carrots	Selection from the salad bar	Baked beans
Pasta 	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce	Creamy pesto penne pasta
Filled Rolls 	Cheese Tuna mayo	Cheese Tuna mayo	Cheese Tuna mayo	Cheese Tuna mayo	Cheese Tuna mayo
Sweet Treats 	Chocolate shortbread	Apple & summer berry crumble with custard	Strawberry yogurt & strawberry sauce	Raspberry jelly & mandarins	Chocolate fruit crispie cake

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